



PRESTAGE FARMS FRESH 93% LEAN – 7% FAT GROUND TURKEY

NUTRITIONAL INFORMATION

Serving Size 4oz (112g)
Servings per Container Varied

AMOUNT PER SERVING

Calories 160
Calories from Fat 70

% DAILY VALUE*

| | | |
|---------------------------|------|-----|
| Total Fat | 8g | 12% |
| Saturated Fat | 2.5g | 12% |
| Trans Fat | 0g | |
| Cholesterol | 80mg | 26% |
| Sodium | 85mg | 3% |
| Total Carbohydrate | 0g | 0% |
| Protein | 22g | |

| | | | |
|-----------|----|-----------|-----|
| Vitamin A | 0% | Vitamin C | 0% |
| Calcium | 0% | Iron | 10% |

*Percent daily values (DV) are based on a 2,000 calorie diet.



PRESTAGE FARMS FROZEN 85% LEAN – 15% FAT GROUND TURKEY CHUB

NUTRITIONAL INFORMATION

Serving Size 4oz (112g)
Servings per Container Varied

AMOUNT PER SERVING

Calories 240
Calories from Fat 150

% DAILY VALUE*

| | | |
|---------------------------|------|-----|
| Total Fat | 17g | 26% |
| Saturated Fat | 5g | 25% |
| Trans Fat | 0g | |
| Cholesterol | 85mg | 23% |
| Sodium | 75mg | 3% |
| Total Carbohydrate | 0g | 0% |
| Protein | 20g | |

| | | | |
|-----------|----|-----------|-----|
| Vitamin A | 0% | Vitamin C | 0% |
| Calcium | 2% | Iron | 10% |

*Percent daily values (DV) are based on a 2,000 calorie diet.



PRESTAGE FARMS FRESH 99% LEAN – 1% FAT GROUND TURKEY BREAST

NUTRITIONAL INFORMATION

Serving Size 4oz (112g)
Servings per Container Varied

AMOUNT PER SERVING

Calories 120
Calories from Fat 5

% DAILY VALUE*

| | | |
|---------------------------|------|-----|
| Total Fat | 1g | 1% |
| Saturated Fat | 0g | 1% |
| Trans Fat | 0g | |
| Cholesterol | 70mg | 23% |
| Sodium | 55mg | 2% |
| Total Carbohydrate | 0g | 0% |
| Protein | 28g | |

| | | | |
|-----------|----|-----------|----|
| Vitamin A | 0% | Vitamin C | 0% |
| Calcium | 0% | Iron | 8% |

*Percent daily values (DV) are based on a 2,000 calorie diet.